Breathe C-16: The Four Strings of Revelation; Why it matters?

**Disclaimer:** The theories presented by me are solely under my personal interpretation, it can vary from person to person. Interpretation is open to every critique who has watched this TV series and can prepare their own theories other than mine.

|  |
| --- |
|  |

**Breathe: Into the Shadows** can mean ‘surviving under the shadows.’ An act of faking or an act of imposter or mask of secrecy to avoid the spilling out of reality. This goes throughout the series and you literally cannot explain when to stop breathing calmly. The suspense is so wrapped up that even it doesn’t spare the last seen. Cleverly director folds the series with a shot of **C-16 Suspense**, after all why we are here!

|  |
| --- |
|  |
|  |

Coming back to the actual topic of discussion, **C-16** has some obnoxious mysteries that need to be decoded to understand its conclusive apprehension. C-16 was a code written by the character of Avinash Sabharwal in a tiny piece of paper while handling it to the character of Shirley in the end scene of the **Breathe** series.Unfortunately, it is not just a piece of paper but an ocean of questions that frequently arise to every reader. The same goes for me, and I believe so is with you.

The first thing that definitely strikes the mind is that the story of the antagonist has not yet fully recovered at the facility and is ready to implement his next plans. This is obvious but ever thought what makes you think so? If you closely observe each scene and dialogues from the entire series, you can literally find how cleverly the director has played with your mind. The clever director has already put several remarks of hint to solve the C-16 theory. While going in a flow to watch the series just as a story, we often miss out on several clever hints. Once again, the psychiatrist has played without mind!

*“I am here with four technical theories related to solving C-16 after which you definitely going to realize when and where did you miss those points.”*

·     Firstly, C-16 is a type of drug that is known in the medical field to decrease activity. Here the activity certainly means due to the consumption of this drug, the ego-alter of Avinash known as “J”, will take control of Avinash completely forever activating J, thereafter. According to this theory, Avinash who has now converted to “J” mentally as well as physically orders Shirley to somehow bring this particular drug for him. This drug can help him control his activities and declare the world that he is still Avinash and has fully recovered from the facility. But hidden from everyone, he is no more Avinash but “J”.

The second theory states that C-16 may be the room number of the facility where Avinash is admitted to. Avinash is handing over the piece of paper to instruct Shirley to help him in his escape plan from the asylum. Another theory can be that C-16 is the room number of the lodge where Avinash as “J” and Shirley spent their night several times. This reason can go positive as you can see a slight smile on Shirley’s face as she reads the paper. Shirley loved J very much and therefore seeing the litter, she is amused that J is back.

·    The third theory is that **Breathe** season 02 contains only three murders justifying Ravana’s 10 head significance. The second season portrays the depiction of only anger, lust, and fear; which means the rest seven sins are yet to resolve in the upcoming seasons.

·     The final theory seeks a temporary one which can absolutely differ from each of you all. It goes in such a way that maybe Avinash Sabharwal was aware of future captivity. He was sure a day would soon arrive when his identity and his disorder of MPD would finally be revealed, which is when his wife and daughter would soon run away from him. To implement further murders, he definitely needed a woman beside him, and this how the first three murders were deployed with the help of his wife. Hence, Shirley can be considered the next assistant to deploy J’s planning. Her entry to the series was definitely made by Avinash in the form of J, by expressing his repressed emotions to her. She was awakened by his feelings and decided to support him until he came to knew she is the reason behind Avinash’s married life. But the ending episodes bring her back once again when she finds out Avinash is J from now on.

By the end of this blog, I can believe many of you would agree to my theories and revise the series once again imagining the places you missed it wisely leaving the last suspense theory to get completed. By now, I can only hope that my theories are put to limelight in the upcoming seasons and you will definitely love to learn more from me.